



What to Expect at a WorkLight Small Group

“You are the light of the world...Let your light shine before others, that they may see your good deeds and glorify your Father in heaven.” Matthew 5:14-16

Small group quality generally reflects the commitment level of the people who attend, as well as their focus on mission, spiritual growth, and personal prayer.

What a WorkLight Small Group is NOT:

- » A makeshift counseling session
- » An opportunity to complain about your work, your boss, or your coworkers
- » A platform to promote or defend political or denominational views

What it CAN BE with prayer and the Holy Spirit:

- » A time to give and receive encouragement about real-life situations
- » A regular time to explore and apply God’s word
- » An inspirational and transformational time of personal renewal and gaining new perspective about how God operates through you and in your life

Make It Your Own!

Men’s and women’s groups may choose to meet in person or online, and can include the following in their meeting format:

- » **Group prayer** (try opening with a song from our WorkLight Spotify playlist!)
- » **Christian support** through encouragement and accountability
- » Sharing members’ **highs and lows** from the workweek, prayer requests, Holy Spirit sightings, or insights from personal prayer
- » **Discussion of a personal story** or Scripture from The Spark workday reflection email or The Flame E-monthly reflection guide
- » **Watching and discussing** the application of a WorkLight Stories video reflection
- » **Intentional Christian formation** and Scripture study surrounding work-related challenges

Find video, audio, and other small group resources at [WorkLight.org](https://www.WorkLight.org).

Have questions? Please contact Remote@WorkLight.org.